

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van der Elst Astrid

Coaches: Moerman Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN Heat:2, starttime: 09:03

Heat: 2/4 Lane : 2 Athlete: DHAESELEER FRAN Q-time: 02:26:74

PB (50m pool): 02:27.09 Antwerpen 22/03/2026 PB (25m pool): 02:24.44 SB: 02:27.09 Antwerpen 22/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.68	01:10.59	01:53.69	02:27.09	
	00:31.68	00:38.91	00:43.10	00:33.40	
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN Heat:7, starttime: 09:41

Heat: 7/8 Lane : 2 Athlete: DEBECKER CHARLOTTE Q-time: 01:15:12

PB (50m pool): 01:15.12 Brugge 01/02/2026 PB (25m pool): 01:11.49 SB: 01:15.12 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:35.02	01:15.12	
	00:35.02	00:40.10	
			

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN Heat:2, starttime: 10:21

Heat: 2/4 Lane : 3 Athlete: DEBECKER CHARLOTTE Q-time: 02:24:14

PB (50m pool): 02:31.89 Antwerpen 28/07/2024 PB (25m pool): 02:20.82 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:31.89	
	no time				
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN			Heat:9, starttime: 10:55
Heat: 9/9 Lane : 7 Athlete: DHAESELEER FRAN			Q-time: 00:58:20
PB (50m pool): 00:58.20 Antwerpen 27/07/2025			PB (25m pool): 00:57.84 SB: 00:59.93 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:28.25	00:58.20	
	00:28.25	00:29.95	
			

Coach feedback: